

“The Eindhoven Model”

An alternative to forced psychiatry – based on Family Group Conferencing

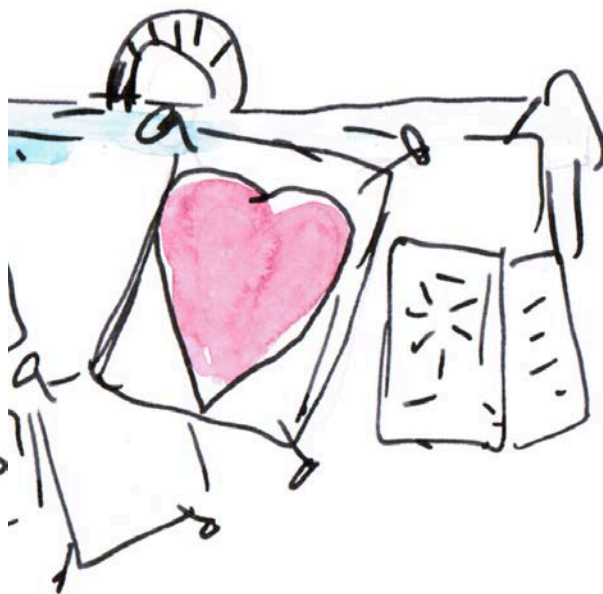
By **Jolijn Santegoeds**, Co-Chair of the World Network
of Users and Survivors of Psychiatry www.wnusp.net

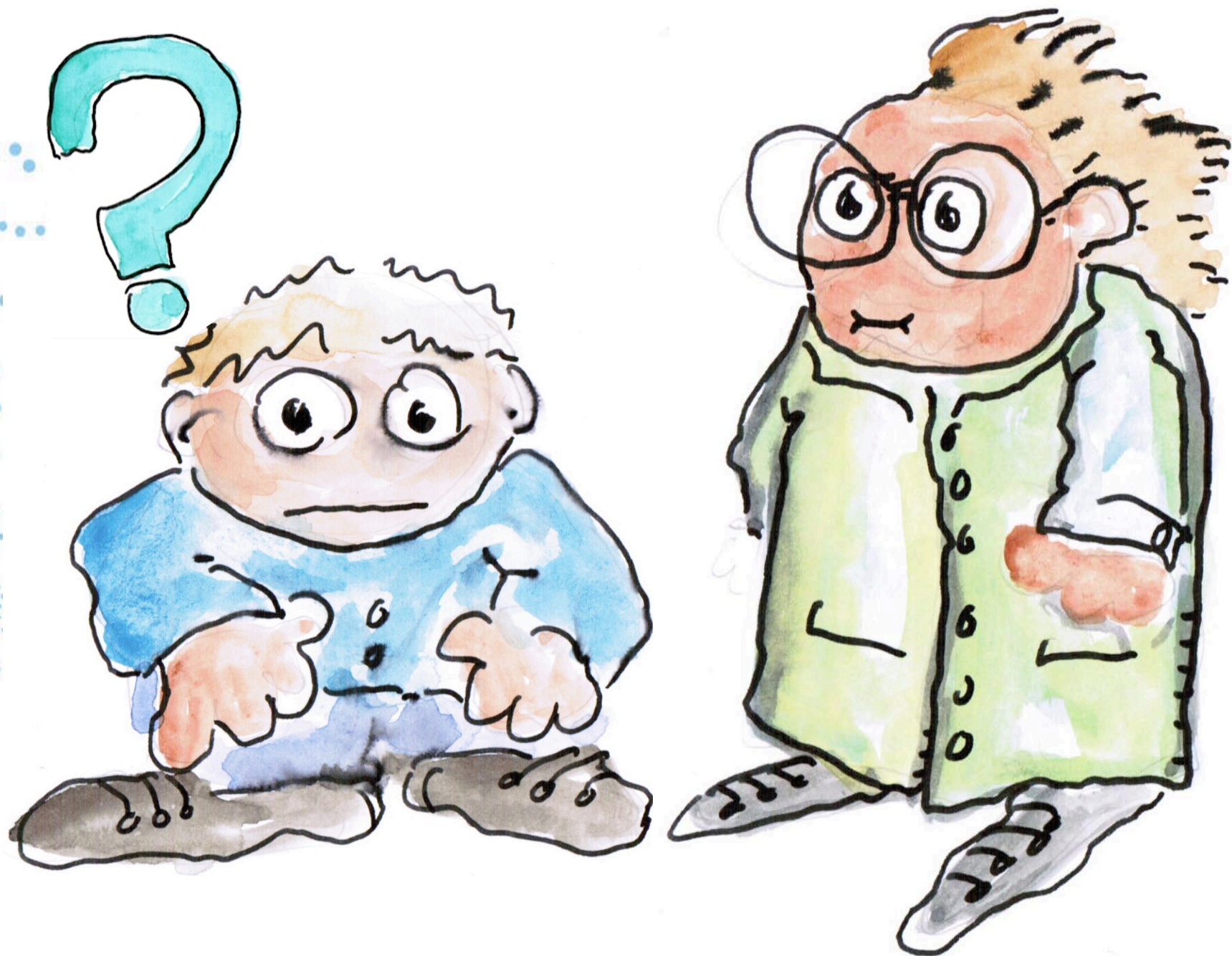


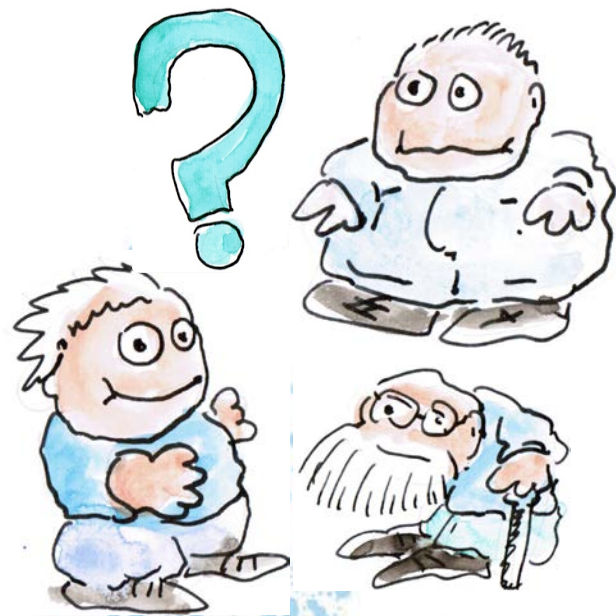
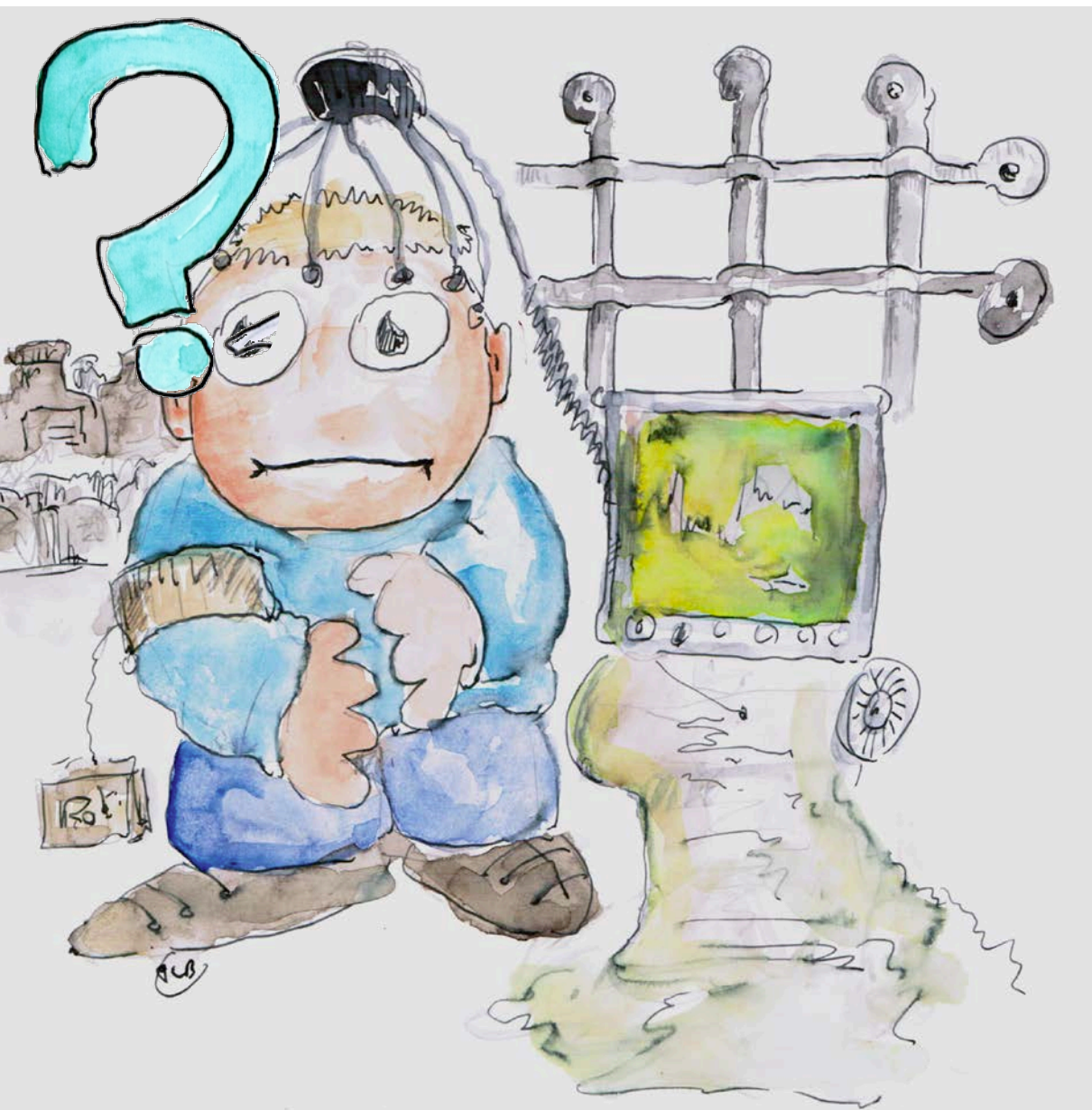
Eindhoven

(The most intelligent community of the world in 2011)











“Own Power”

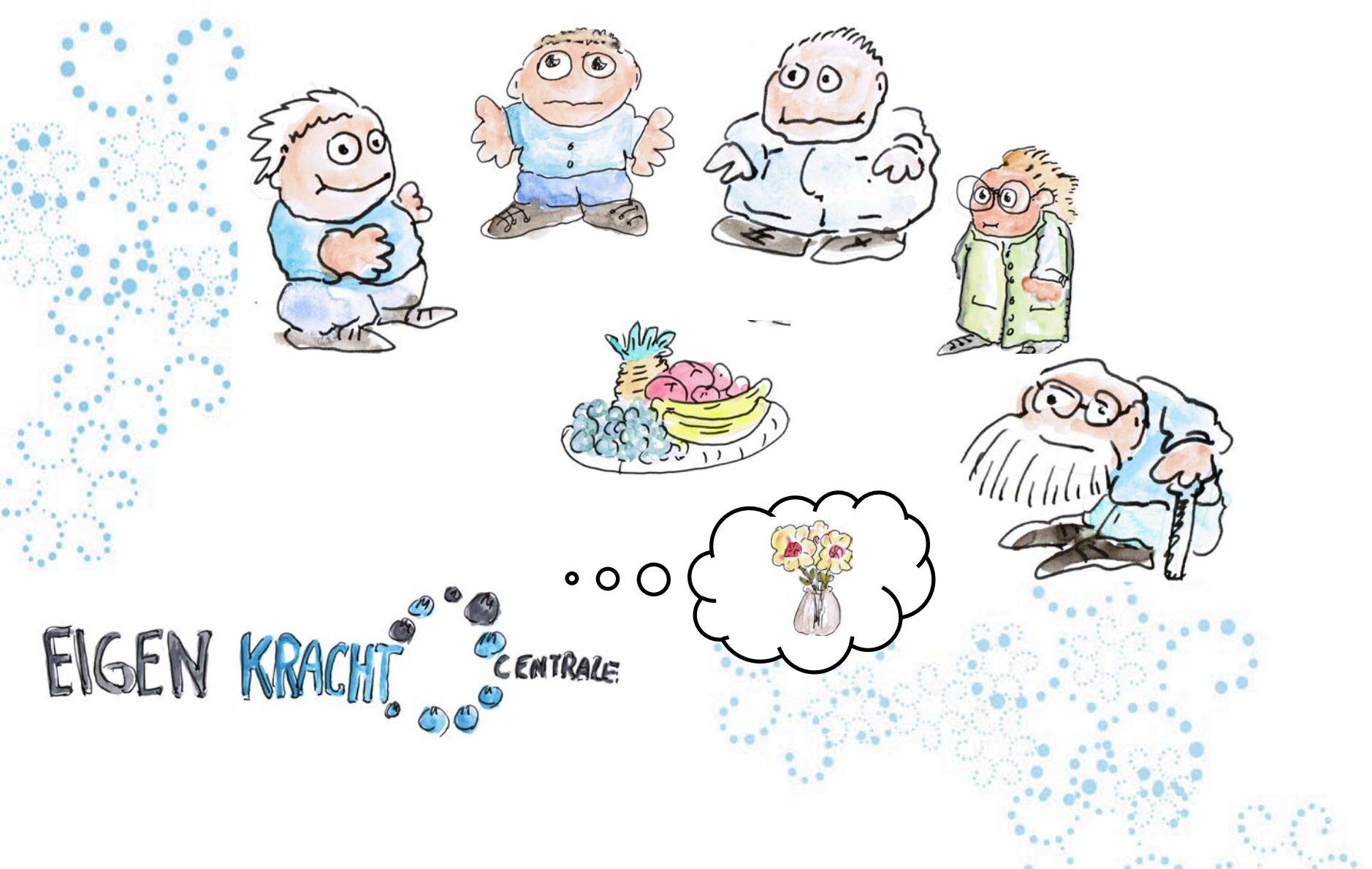
Dutch organisation for
Family Group Conferencing

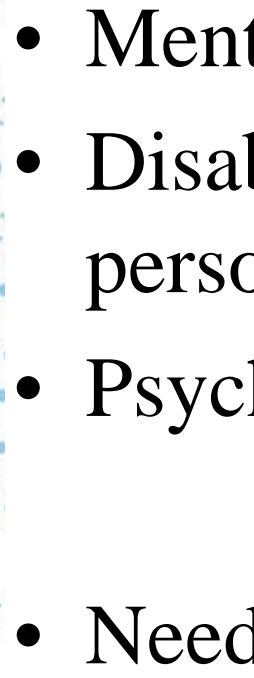


- Do you want to think with me.....?



- Do you want to think with me.....?



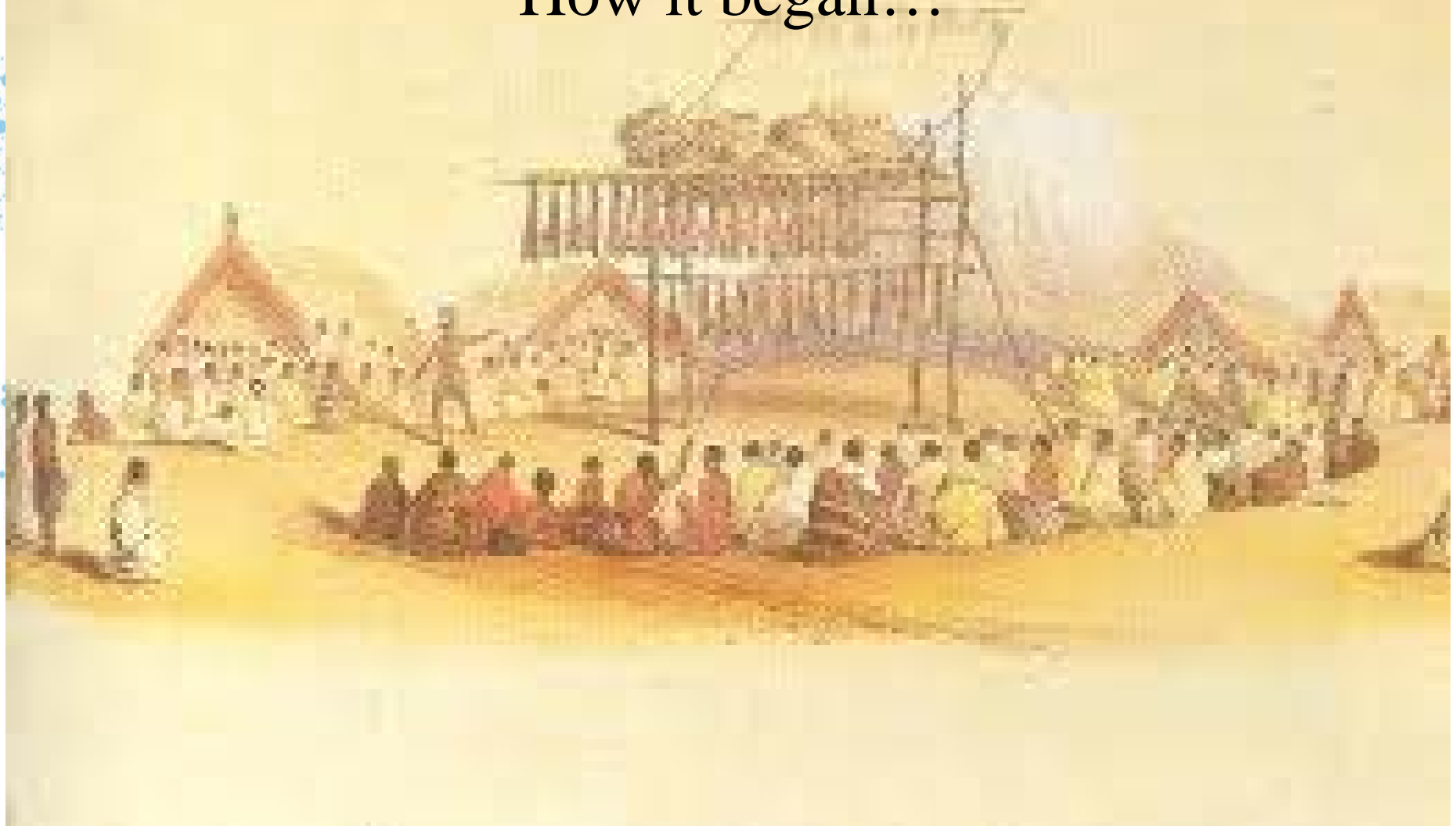
- 
- Mental health is wellbeing
 - Disability resides in the community, not in the person
 - Psychosocial : always mainly social
 - Need: a social community based approach,
From exclusion, to inclusion

The Eindhoven Model

- Family Group Conferencing as an alternative to forced psychiatry
- Aims to find desirable solutions
- The Netherlands did not yet ratify CRPD
- The Eindhoven Model is a user driven response to the Dutch law proposal on “mandatory mental health care”

Family Group Conferencing

How it began...



Family Group Conferencing

- How FGC works:

Stage 1:
Referral

Stage 2:
Preparation

Stage 3:
The conference:
-Information giving
-Private family time
-Agreeing with the plan

Stage 4:
**Monitoring
&
reviewing
the plan**

Family group conference model (Source: Hayes & Houston 2007, p. 995).

Family Group Conferencing

Some benefits:

- Applicable with and without frame or condition
- Using expertise and resources already present
- Can combine formal and informal systems
- Practically useful plans
- Community based and inclusive
- Voluntary only
- **Identify desirable solutions and support** instead of proceeding to forced interventions

Family Group Conferencing in mental health care

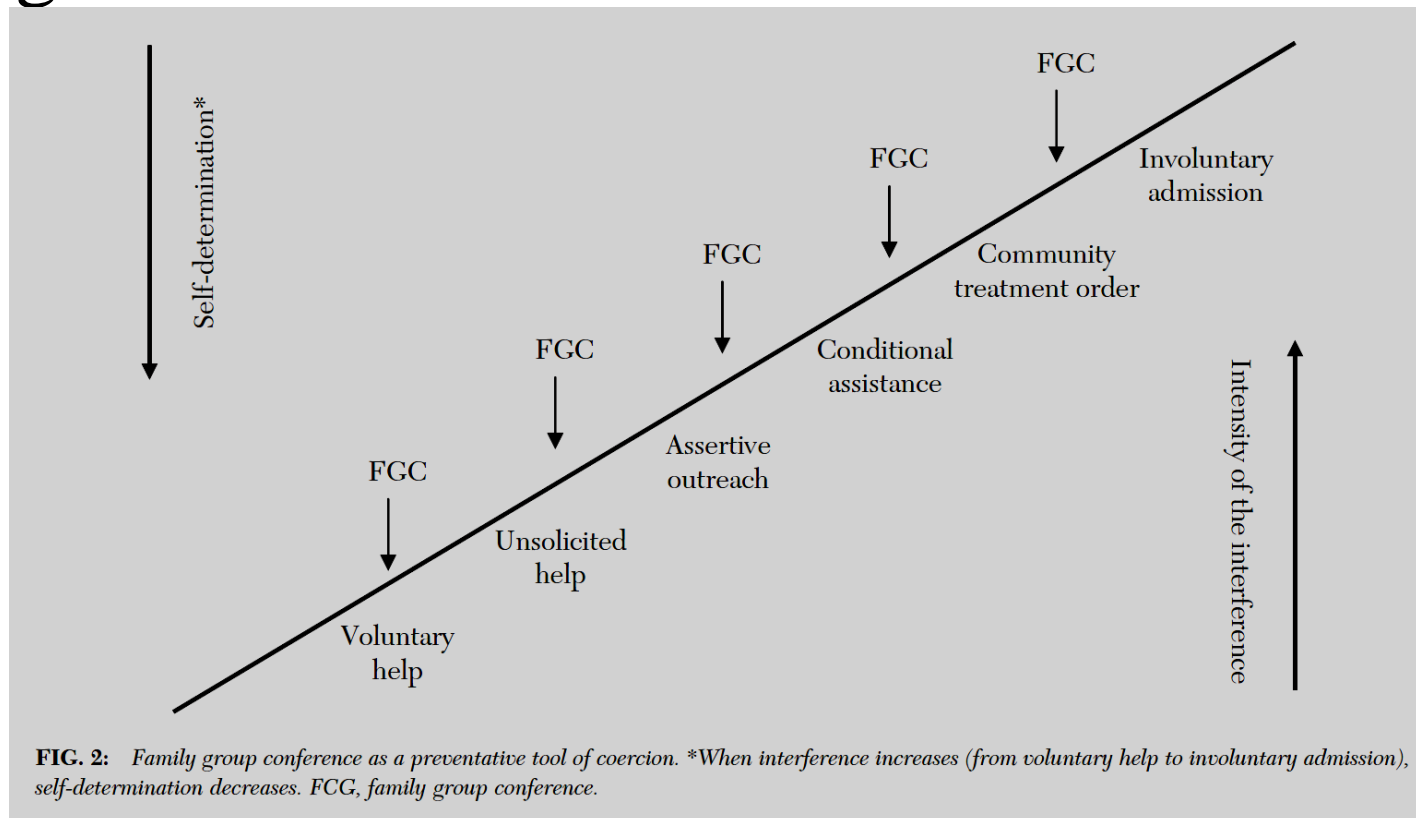
- Pilot project in the Netherlands
- 3 regions, University research (VUMC)
- Offering an alternative to (prevent) forced interventions
- Community mental health care

Frames and conditions in Family Group Conferencing

- Generally on safety issues
- **Only when participants agree and are willing to commit to such a goal**
- no forced family group conferencing
- Search together for ways to live together in communities

Family Group Conferencing

- Enable self-determination at various decision making moments in mental health care:



Conclusions

Family Group Conferencing:

- Supported Decision Making
- A way to organize systems
- Shift power from formal to local networks
- Empowering individuals, families and communities
- **Provides an alternative to forced interventions and incapacity-approach**



Any questions?

My participation is co-funded by:

DPO / NGO Stichting Mind Rights www.mindrighs.nl

the Dutch organization for Family Group Conferencing: Eigen Kracht-centrale www.eigen-kracht.nl

the mental health institution in Eindhoven GGzE

Prof J. van Os/, Maastricht University, faculty of Psychiatry and Psychology